

**Spaghetti
Spaghetti Sauce
Canned Chicken
Tuna
Ranch Style Beans
Pancake Mix
Syrup
Canned Fruit
Chicken & Dumpling Soup**

**Macaroni & Cheese
Tuna
Peanut Butter
Package of Crackers
Canned Chicken
Jelly
Granola Bars
Canned Fruit
Chicken & Dumpling Soup**

**Tuna Helper
Tuna
Canned Chicken
Spaghetti O's
Pork and Beans
Boxed Potatoes
Dry Cereal
Canned Fruit
Chicken & Dumpling Soup**

**Hamburger Helper
Dry Pinto Beans
Canned Chicken
Chili with Beans
Rice
Canned Tomatoes
Dry Cereal
Canned Fruit
Chicken & Dumpling Soup**

VEGETABLE AND OTHER OPTIONS

Green Beans	English Peas
Kidney Beans	Creamed Corn
Carrots	Tomato Soup
Chicken Broth	Creamed Soups
Whole Kernel Corn	

**Spinach
Black Eyed Peas
Vegetable Beef Soup
Chicken Noodle Soup
Mixed Vegetables**